ENAP and EPMM Country Profile | May 2023 **Timor-Leste**



Key Demographics



1,361,000 Total population¹ (2023)



67ⁱ

Number of maternal deaths² (2020)



349,000 Women of reproductive age (15-49 years)¹ (2023)



481 Number of stillbirths² (2021)



39,000 Total number of births1 (2023)



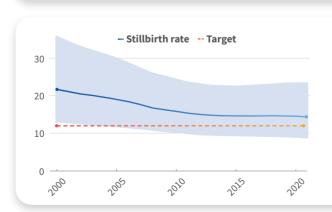
1,000 Number of neonatal deaths² (2021)

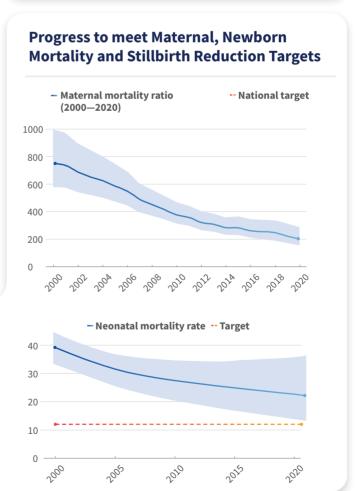
Numbers of maternal deaths have been rounded according to the following scheme < 100 rounded to nearest 1; 100–999 rounded to nearest 10; 1000–9999 rounded to nearest 100; and \geq 10 000 rounded to nearest 1000

National Mortality Targets Year 64 per 100,000 live births 2030 MMR (Target)³ **NO DATA** SBR (Target)³ 13 per 1,000 live births 2030 NMR (Target)³

Additio	nal Indicators	Value (%)	Year		
	Low birth weight ⁱⁱ				
	Immediate breastfeeding				
	Caesarean section rate	NO DATA	Α		
	Demand for family plannir satisfied with modern methods (SDG 3.7.1)	g			
ii % of live births that weighed less than 2500 g					

National Policies	Status
Costed RMNCH strategy/plan including MNH	No
RMNCH/MNH plan updated to include quality of care standard	ls No
Eight ANC contacts	Yes
Birth/Labour companion	No
Labour Care Guide/Revised partograph	No
PNC updated with WHO recommendations	No
Birth registration	Yes
Maternal death registration with civil registrar	No
Neonatal death registration with civil registrar	No
Stillbirth registration	Yes







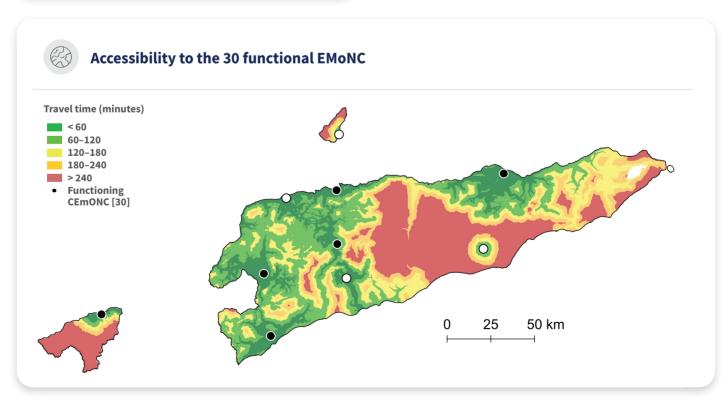


Progress to meet ENAP EPMM Coverage Targets

Four or more Antenata Care Contacts 10	al
Percentage of pregnant women with at least four antenatal care contacts	NO DATA
Percentage of pregnant women with at least four antenatal care contacts by division	NO DATA

Skilled Attendant at Birt	th ¹⁰
Percentage of women with skilled attendant at last birth	NO DATA
Percentage of women with skilled attendant at last birth by division	NO DATA





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ENAP Target 4

Scaling up small and sick newborn care	Status
National strategy/implementation plan for scale-up	No 🛑
Specific budget line in the national plans (and where relevant subnational plans)	No 🛑
Standardized designs and floor plans to deliver level 2 package of services	No 🛑
Defined Human Resources staffing norms for level 2 newborn care	No 🛑
Defined list of essential equipment needed for level 2 small and sick newborn care ⁱⁱⁱ	NO DATA
Data system to record admissions, outcomes, and quality of care for level 2 newborn care	No 🛑
Policy provision of free transport of small and sick newborn (either government-provided or voucher for transport)	Yes
Coordination mechanism linking improvement of level 2 newborn care with improving maternity services to prevent major conditions causing newborn deaths ^{iv}	No •
Provision in policy/guidelines for engagement of families in the care of babies	No 🛑
System for post discharge follow-up of babies to improve survival, growth and development	Yes 🛑

EPMM Target 4 ³

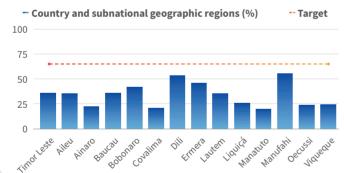
Access to Emergency Obstetric Care (EmOC)	Status
National strategy/implementation plan for scale-up	No
Specific budget line in the national plans (and where relevant subnational plans)	No 🛑
EmOC facility mapping showing the 2021 geographical distribution with MoH	Yes
Standardized designs and floor plans for the basic EmOC health facilities	No 🛑
Defined minimum number of midwives to be staffed in an EmOC health facility for providing 24h/7d care	Yes
Defined list of essential equipment needed for basic and comprehensive EmOC v	Yes
Country capacity to provide yearly data on the performance of EmOC signal functions for measuring the availability of EmOC	No
Proportion of functioning EmOC facilities 649	%

- CPAP, Oxygen systems, Pulse oximeter, Radiant warmer
- $E.g., improved \ monitoring \ of \ labour, antenatal \ corticosteroids, in fection \ prevention \ description \ for \ continuous \ description \ descripti$



EPMM Target 5³

SDG 5.6.1: Proportion of women aged 15-49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care by division (2016)



SDG 5.6.2: Extent to which countries have laws and regulations that guarantee full and equal access to women and men aged 15 years and older to sexual and reproductive health care, information and education, including Section (S1-EPMMS4) and Component (C1-C13) values (2019)

SDG 5.6.2	NO DATA
Maternity Care	NO DATA
Contraceptive Services	NO DATA
Sexuality Education	NO DATA
HIV and HPV	NO DATA

Progress toward ENAP EPMM Milestones³

Policies/Planning, Investment, Response, Resiliency, Equity

Budgeted RMNCAH strategy (including MNH)	No 🛑	National emergency response plan	No	
Subnational implementation plans at the State/ Regional/Provincial levels	No 🛑	User-fee exemptions for MNH	Yes	
Subnational implementation plans at the district or an equivalent subnational unit level	No 🛑	Insurance or financial protection scheme for MNH	No	
Budgeted/financed subnational plans	No 🛑	Emergency transport system for MNH	Yes	
Tracking for domestic research allocations for MNH	No •	Community participation integration in the RMNCAH strategy/MNH plan	No	
Additional resources allocated for vulnerable population groups	No 🛑			

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Quality of Care, Health Workforce, Commodities and Data for Action³

National quality of care standards for MNH	Under development	Defined core competencies for newborn care, including small and sick newborn care	No	
National quality of care standards for small and sick newborn care	No 🛑	Defined core competencies for community health or extension workers	No	
National quality of care plan including community participation in MNH for priority setting and planning	No 🛑	Tracking of availability and stock outs of essential MNH drugs (oxytocin)	Yes	
National quality of care plan including community participation in MNH for monitoring and evaluation	No 🛑	Tracking of availability and stock outs of essential MNH drugs (heat stable carbetocin)	No	
Agreed set of quality of care indicators	No 🛑	Tracking of availability and stock outs of essential MNH drugs (magnesium sulfate)	Yes	
National strategy for accrediting and contracting private sector for MNH	No 🛑	Tracking of availability and stock outs of essential MNH drugs (oxygen)	Yes	
Maternal and perinatal death surveillance system in place for maternal deaths	Yes	Tracking of availability and stock outs of essential MNH drugs (dexamethasone)	Yes	
Maternal and perinatal death surveillance system in place for neonatal deaths	Yes	Tracking of availability and stock outs of essential MNH drugs (caffeine citrate)	Yes	
Maternal and perinatal death surveillance system in place for stillbirths	No 🛑	Electronic individual patient-based data system for maternity care to include uterotonic use, labour monitor,	No	
Integration of maternal and perinatal death surveillance system data and routine health information system	No 🛑	breastfeeding, and neonatal resuscitation if needed		
National strategy/plan for human resources for MNH	No •	Electronic individual patient-based data system for small and sick newborn care to include details on Kangaroo Mother Care, oxygen/CPAP use, antibiotics, etc.	No	
Defined core competencies for midwifery practice (essential competencies as per ICM)	Yes	Mechanism for data sharing from the private/NGO sector	No	



Current Health Expenditure (CHE) as % Gross Domestic Product (GDP)

> NO DATA



Domestic General Government Health Expenditure and out-of-pocket expenditure as % Current Health Expenditure¹⁰

Research, Innovation and Knowledge Management³

National prioritized research agenda for MNH and stillbirth prevention

No 🛑

Identified innovation needs for MNH

NO DATA

National mechanism for sharing learning

No 🛑

Accountability³

Representation from civil society, women's groups, and parent advocacy groups in technical working groups



Representation from parent advocacy groups for MNH and prevention of stillbirths

No 🛑

- Maternal, Newborn, Child, and Adolescent Health and Ageing. Geneva: WHO Headquarters; 2023 (https://platform.who.int/data/maternal-newborn-child-adolescent-ageing/indicator-explorer-new, accessed 24 March 2023).
- Trends in maternal mortality 2000 to 2020: estimates by WHO, UNICEF, UNFPA, World Bank Group and UNDESA/ Population Division. Geneva: WHO Headquarters; 2023 (https://www.who.int/publications/i/item/9789240068759, accessed 23 March 2023).
- Every Newborn Action Plan (ENAP) and Ending Preventable Maternal Mortality (EPMM), Joint Country Implementation Tracking Tool. 2022.
- Global Preterm Birth Estimates 2014. WHO Headquarters; 2018 (https://ptb.srhr.org/, accessed 20 April 2023).
- 6 Family Planning 2030. (https://fp2030.org, accessed 19 April 2023).
- 7 Global Health Expenditure Database. 2023; (https://apps.who.int/nha/database, accessed 24 March 2023).
- UN Inter-agency Group for Child Mortality Estimation (UN IGME). Never Forgotten: The situation of stillbirth around the globe. UNICEF; 2023 (https://data.unicef.org/resources/never-forgotten-stillbirth-estimates-report, accessed 24 March 2023.
- 9 UN IGME. Levels & Trends in Child Mortality, Report 2022, Estimates Developed by the United Nations Inter-Agency Group for Child Mortality Estimation. UNICEF; 2023 (https://data.unicef.org/resources/levels-and-trends-in-child-mortality, accessed 24 March 2023).