

ENAP and EPMM Country Profile | May 2023

Nepal



Key Demographics



30,897,000
Total population¹ (2023)



1,100ⁱ
Number of maternal deaths² (2020)



9,052,000
Women of reproductive age (15–49 years)¹ (2023)



9,739
Number of stillbirths² (2021)



555,000
Total number of births¹ (2023)



10,000
Number of neonatal deaths² (2021)

ⁱ Numbers of maternal deaths have been rounded according to the following scheme:
< 100 rounded to nearest 1; 100–999 rounded to nearest 10; 1000–9999 rounded to nearest 100; and ≥ 10 000 rounded to nearest 1000

National Mortality Targets

Year



70 per 100,000 live births
MMR (Target)³

2030



13 per 1,000 live births
SBR (Target)³

2035



11 per 1,000 live births
NMR (Target)³

2035

Additional Indicators

Value (%) Year



Low birth weightⁱⁱ

22

2015



Immediate breastfeeding

42

2019



Caesarean section rate

15

2019



Demand for family planning satisfied with modern methods (SDG 3.7.1)

63.9

2023

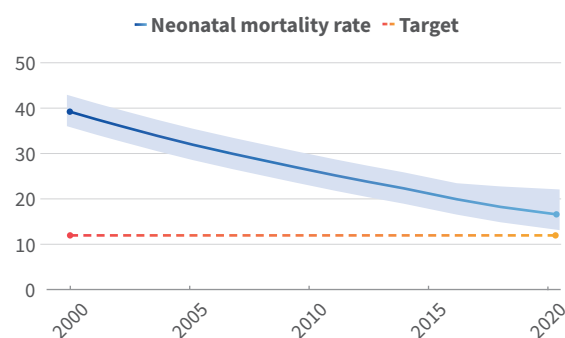
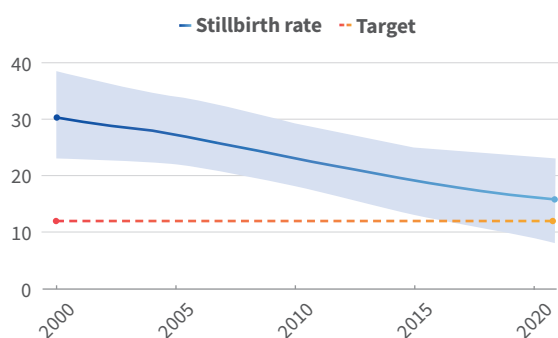
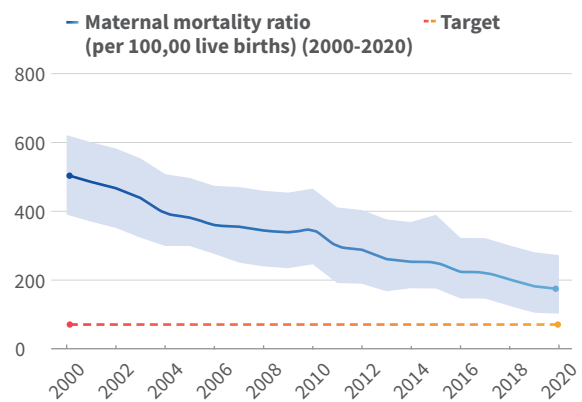
ⁱⁱ % of live births that weighed less than 2500 g

National Policies

Status

Costed RMNCH strategy/plan including MNH	Yes	●
RMNCH/MNH plan updated to include quality of care standards	Yes	●
Eight ANC contacts	Yes	●
Birth/Labour companion	Yes	●
Labour Care Guide/Revised partograph	No	●
PNC updated with WHO recommendations	Yes	●
Birth registration	Yes	●
Maternal death registration with civil registrar	Yes	●
Neonatal death registration with civil registrar	Yes	●
Stillbirth registration	Yes	●

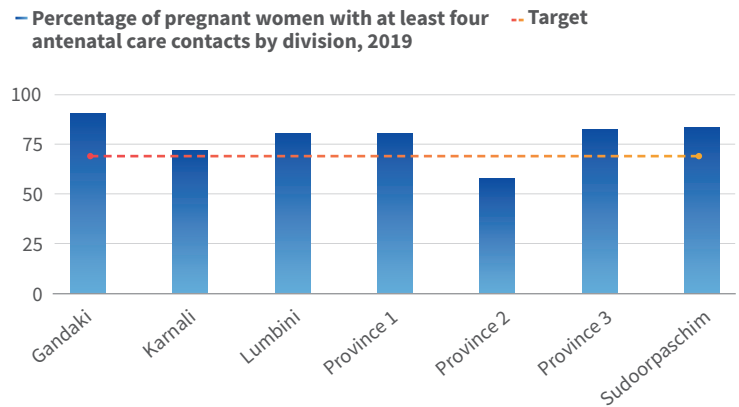
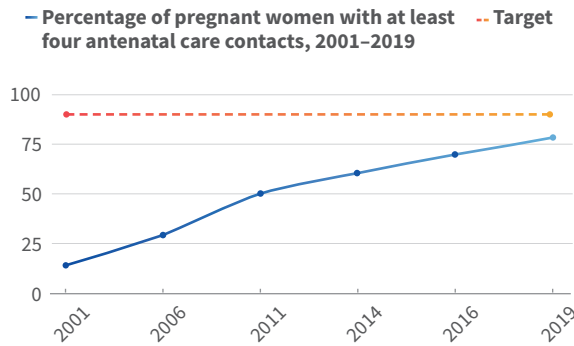
Progress to meet Maternal, Newborn Mortality and Stillbirth Reduction Targets



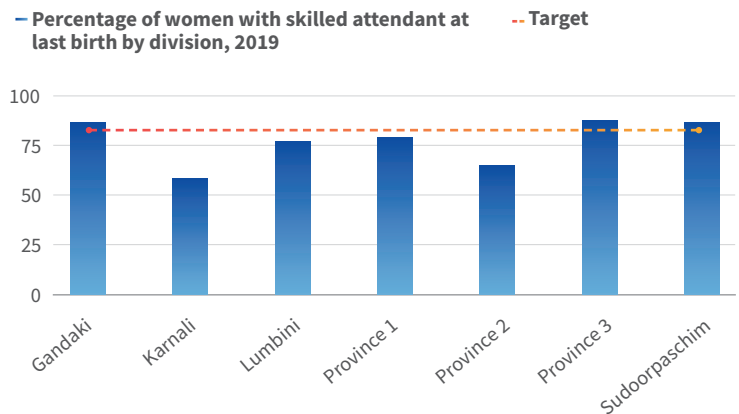
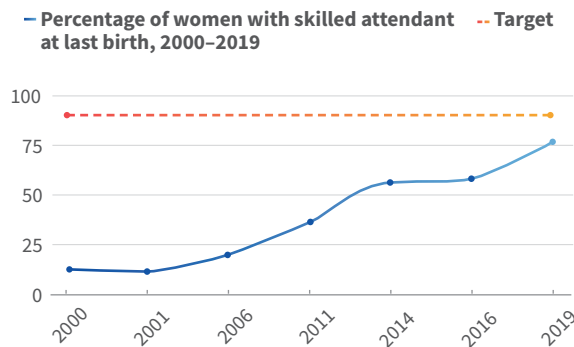
Progress to meet ENAP EPMM Coverage Targets



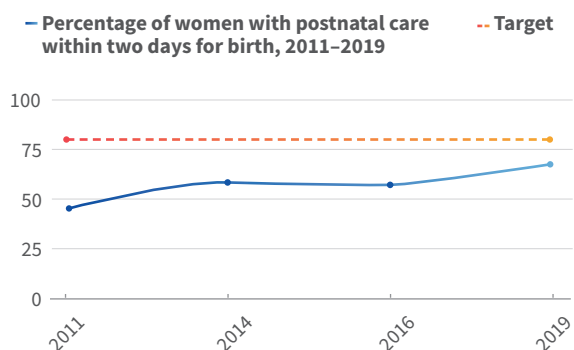
Four or more Antenatal Care Contacts¹⁰



Skilled Attendant at Birth¹⁰



Postnatal Care for Women¹⁰



Percentage of women with postnatal care within two days for birth by division

NO DATA



ENAP Target 4

Scaling up small and sick newborn care	Status
National strategy/implementation plan for scale-up	Yes ●
Specific budget line in the national plans (and where relevant subnational plans)	Yes ●
Standardized designs and floor plans to deliver level 2 package of services	Yes ●
Defined Human Resources staffing norms for level 2 newborn care	Yes ●
Defined list of essential equipment needed for level 2 small and sick newborn care ⁱⁱⁱ	Yes ●
Data system to record admissions, outcomes, and quality of care for level 2 newborn care	Yes ●
Policy provision of free transport of small and sick newborn (either government-provided or voucher for transport)	No ●
Coordination mechanism linking improvement of level 2 newborn care with improving maternity services to prevent major conditions causing newborn deaths ^{iv}	Yes ●
Provision in policy/guidelines for engagement of families in the care of babies	Yes ●
System for post discharge follow-up of babies to improve survival, growth and development	No ●



EPMM Target 4³

Access to Emergency Obstetric Care (EmOC)	Status
National strategy/implementation plan for scale-up	Yes ●
Specific budget line in the national plans (and where relevant subnational plans)	Yes ●
EmOC facility mapping showing the 2021 geographical distribution with MoH	Yes ●
Standardized designs and floor plans for the basic EmOC health facilities	Yes ●
Defined minimum number of midwives to be staffed in an EmOC health facility for providing 24h/7d care	Yes ●
Defined list of essential equipment needed for basic and comprehensive EmOC ^v	Yes ●
Country capacity to provide yearly data on the performance of EmOC signal functions for measuring the availability of EmOC	No ●
Proportion of functioning EmOC facilities	NO DATA

ⁱⁱⁱ CPAP, Oxygen systems, Pulse oximeter, Radiant warmer

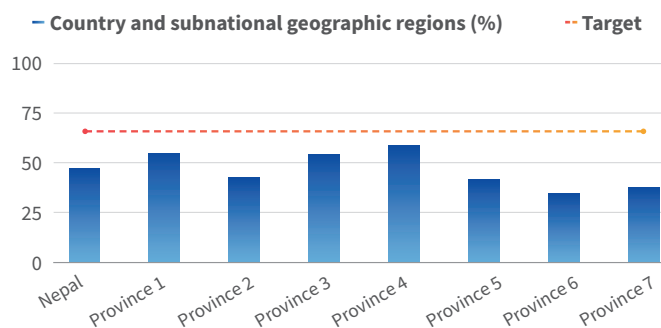
^{iv} E.g., improved monitoring of labour, antenatal corticosteroids, infection prevention

^v Complete manual vacuum aspiration set with different size cups, obstetric forceps, complete repair pack for tears, foetal stethoscope, vacuum extractor with different size cups, blood pressure monitor, capacity for blood transfusion, complete C section boxes



EPMM Target 5³

SDG 5.6.1: Proportion of women aged 15–49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care by division (2016)



SDG 5.6.2: Extent to which countries have laws and regulations that guarantee full and equal access to women and men aged 15 years and older to sexual and reproductive health care, information and education, including Section (S1-EPMS4) and Component (C1-C13) values (2019)

SDG 5.6.2	48
Maternity Care	82
Contraceptive Services	67
Sexuality Education	0
HIV and HPV	25

Progress toward ENAP EPMM Milestones³

Policies/Planning, Investment, Response, Resiliency, Equity

Budgeted RMNCAH strategy (including MNH)	Yes ●	National emergency response plan	Yes ●
Subnational implementation plans at the State/Regional/Provincial levels	Yes ●	User-fee exemptions for MNH	Yes ●
Subnational implementation plans at the district or an equivalent subnational unit level	No ●	Insurance or financial protection scheme for MNH	Yes ●
Budgeted/financed subnational plans	No ●	Emergency transport system for MNH	Yes ●
Tracking for domestic research allocations for MNH	Yes ●	Community participation integration in the RMNCAH strategy/MNH plan	Yes ●
Additional resources allocated for vulnerable population groups	Yes ●		

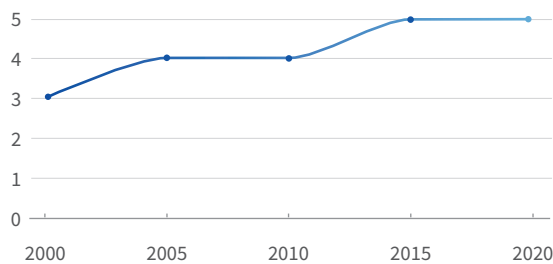


Quality of Care, Health Workforce, Commodities and Data for Action³

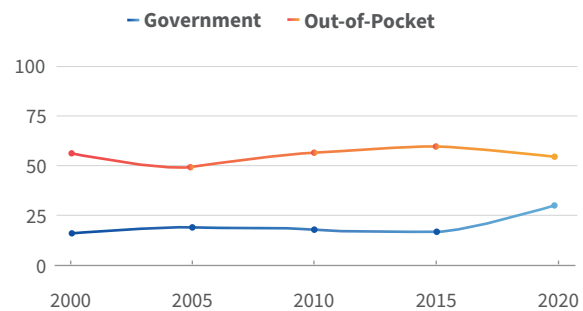
National quality of care standards for MNH	Yes ●	Defined core competencies for newborn care, including small and sick newborn care	No ●
National quality of care standards for small and sick newborn care	Under development	Defined core competencies for community health or extension workers	No ●
National quality of care plan including community participation in MNH for priority setting and planning	No ●	Tracking of availability and stock outs of essential MNH drugs (oxytocin)	Yes ●
National quality of care plan including community participation in MNH for monitoring and evaluation	No ●	Tracking of availability and stock outs of essential MNH drugs (heat stable carbetocin)	No ●
Agreed set of quality of care indicators	No ●	Tracking of availability and stock outs of essential MNH drugs (magnesium sulfate)	Yes ●
National strategy for accrediting and contracting private sector for MNH	No ●	Tracking of availability and stock outs of essential MNH drugs (oxygen)	Yes ●
Maternal and perinatal death surveillance system in place for maternal deaths	Yes ●	Tracking of availability and stock outs of essential MNH drugs (dexamethasone)	Yes ●
Maternal and perinatal death surveillance system in place for neonatal deaths	Yes ●	Tracking of availability and stock outs of essential MNH drugs (caffeine citrate)	No ●
Maternal and perinatal death surveillance system in place for stillbirths	Yes ●	Electronic individual patient-based data system for maternity care to include uterotonic use, labour monitor, breastfeeding, and neonatal resuscitation if needed	No ●
Integration of maternal and perinatal death surveillance system data and routine health information system	No ●	Electronic individual patient-based data system for small and sick newborn care to include details on Kangaroo Mother Care, oxygen/CPAP use, antibiotics, etc.	No ●
National strategy/plan for human resources for MNH	No ●	Mechanism for data sharing from the private/NGO sector	Yes ●
Defined core competencies for midwifery practice (essential competencies as per ICM)	Yes ●		



Current health expenditure, percentage of GDP per year



Domestic government health expenditure and out-of-pocket spending¹⁰



Research, Innovation and Knowledge Management³

National prioritized research agenda for MNH and stillbirth prevention	Yes ●
Identified innovation needs for MNH	Yes ●
National mechanism for sharing learning	No ●

Accountability³

Representation from civil society, women's groups, and parent advocacy groups in technical working groups	Yes ●
Representation from parent advocacy groups for MNH and prevention of stillbirths	No ●

References

- 1 Maternal, Newborn, Child, and Adolescent Health and Ageing. Geneva: WHO Headquarters; 2023 (<https://platform.who.int/data/maternal-newborn-child-adolescent-ageing/indicator-explorer-new>, accessed 24 March 2023).
- 2 Trends in maternal mortality 2000 to 2020: estimates by WHO, UNICEF, UNFPA, World Bank Group and UNDESA/Population Division. Geneva: WHO Headquarters; 2023 (<https://www.who.int/publications/i/item/9789240068759>, accessed 23 March 2023).
- 3 Every Newborn Action Plan (ENAP) and Ending Preventable Maternal Mortality (EPMM), Joint Country Implementation Tracking Tool. 2022.
- 4 Global Preterm Birth Estimates 2014. WHO Headquarters; 2018 (<https://ptb.srhr.org/>, accessed 20 April 2023)
- 5 Countdown to 2030 Women's, Children's & Adolescent's Health. UNICEF; 2023 (<https://data.unicef.org/countdown-2030>, accessed 23 March 2023).
- 6 Family Planning 2030. (<https://fp2030.org>, accessed 19 April 2023).
- 7 Global Health Expenditure Database. 2023; (<https://apps.who.int/nha/database>, accessed 24 March 2023).
- 8 UN Inter-agency Group for Child Mortality Estimation (UN IGME). Never Forgotten: The situation of stillbirth around the globe. UNICEF; 2023 (<https://data.unicef.org/resources/never-forgotten-stillbirth-estimates-report>, accessed 24 March 2023).
- 9 UN IGME. Levels & Trends in Child Mortality, Report 2022, Estimates Developed by the United Nations Inter-Agency Group for Child Mortality Estimation. UNICEF; 2023 (<https://data.unicef.org/resources/levels-and-trends-in-child-mortality>, accessed 24 March 2023).
- 10 Maternal Mortality Data: Monitoring the situation of children and women. UNICEF; 2022 (<https://data.unicef.org/topic/maternal-health/maternal-mortality>, accessed 24 March 2023).